HOW TO NOURISH YOUR SOUL

Proverbs 11:17, Your own soul is nourished when you are kind; it is destroyed when you are cruel. (LB)

The next time that you are in a public place, look at the faces of the people around you. As you look you will see many who seem to have no happiness in their heart, for the face doesn’t show it. Would the God that created us, create us not to enjoy life? Would the God that created us, create us whereby we barely exist? The God who created everything good, definitely would not create us to merely get by. But what is the problem. The answer could be summed up by this one word, kindness. The idea of being kind has become foreign to our world, as a result the souls of many are being destroyed by lack of kindness. Lack of kindness means that we want what we want the way we want, and the world really revolves around us. Such is not the case. A person who isn’t kind is always on the defensive, he or she is always ready for war. Imagine having your body in a mental state of defensiveness and war at all times. God has created us to have a relationship with Him and to be like Him. God’s nature is ultimate kindness. He is kind to all that He has made. When we sin, He still remains kind, because He cannot change His nature. If you make it your business to shower others with kindness, God will make it His business to shower you with His wonderful kindness.